



Clothing Guidelines For All Sessions

Learners and carers should wear comfortable and suitable clothing, **including long trousers and sturdy shoes, boots or wellington boots - open toed shoes or heels are strictly not permitted.**

Due to the variable temperate in the UK during the year and with sessions primarily taking place outside or in our barn it is advisable to wear layers of clothing including a waterproof layer during wetter seasons. Dresses, skirts and shorts are are not advisable when working with the ponies. Gloves and hats are recommended during the winter. Jackets and anoraks, if worn, should be fastened and ideally without a hood. Its is recommended that any loose jewellery is removed and that long hair is tied back.



Many of the activities are very 'hands on' and some such as grooming, may result in the learners and helpers getting 'slightly grubby', so please care this in mind when choosing what to wear!



Gloves are required when leading the ponies and during stable care and paddock care activities.

Walks



When joining the ponies on therapeutic wellbeing walks please bare in mind that we walk along public bridleways. Theses are areas we cannot control so are highly likely to meet other walkers, horses, cyclists and dogs. The paths on these walks although well maintained can be uneven, have raised roots and steep areas.

Additional Information

Please do not bring any treats for the ponies to eat as this may encourage undesirable behaviour among the ponies.

Horse welfare is paramount at Pathway Ponies. I have a team of 6 ponies who are respected as partners in my work. The ponies are selected for a session according to the specific activities being undertaken and individual leaners needs. My ponies are sympathetically trained and kept in an environment which fulfils as many of their natural needs as possible. All our learners are encouraged to be actively involved with the care of the ponies. Any physical abuse towards the ponies will not be tolerated under any circumstances.

It is important to remember that whilst sessions with Carly and the Pathway Ponies are hugely emotional and socially therapeutically beneficial, they are not offered as "therapy".

It is therefore recommended that some learners may benefit having access to a councillor and that Pathway Ponies welcomes Learners to invite any qualified Councillors to attend sessions with them.

Carly Flower of Pathway Ponies is fully insured, safeguard trained & Fully licensed with Buckinghamshire County Council: No. LC202210- 8088